

Versailles-Woodford County Parks & Recreation

WINTER & SPRING PROGRAMS 2025

Unleash your inner athlete - regardless of age!

Little Futsol~ NEW

This is an opportunity for kids in U10 and up to get some touches on the ball and brush up on skills before the Spring Season! This program will meet on Saturday evenings for 5 weeks beginning Jan 18. Teams will be formed nightly based on total number of participants each night. Volunteers are needed to help manage each court! Questions? Contact Aaron.

PRICE: \$25/player. DEADLINE: JANUARY 15



FALLINGS SPRINGS KIDS RUN CLUB

This 8-week program addresses issues like confidence and self-esteem, respecting authority, dealing with peer pressure and fueling their bodies through proper nutrition. Above all, kids have a blast seeing what they are capable of achieving, including a 5K run upon completion of the program! Meets at Falling Springs for 8 weeks on Tue & Thu from 4-5 PM beginning Feb 11 & concludes with a 5k race on Apr 13. Max of 40 participants.

PRICE: \$100/student (includes a shirt, journal & race entry.)

DEADLINE: FEBRUARY 6



PICKLEBALL CLINIC

This clinic will give players the opportunity to learn one of the fastest growing sports in America, work on the basic fundamentals and meet new people! Beginner and intermediate level players are welcome. Instruction from individuals who play at Falling Springs multiple times a week. Clinic meets from 6PM - 7:30 PM at the outdoor courts at Falling Springs.

DATES: April 10, April 17, April 24, and May 1

PRICE: FREE!! Still need to register!

DEADLINE: APRIL 9

START SMART SOCCER

This introductory program for 3 & 4 year olds helps develop the motor & coordination skills necessary for children to be successful in youth sports. Parent participation is required.

Parents new to the Start Smart programs must attend a parent meeting on Tuesday, March 11 at 6:00 PM. Space is limited to 8 parent/child groups per group.

PRICE: \$75/player. DEADLINE: MARCH 6

Grp A: Mondays 5:30 PM. No soccer week of March 31

Grp B: Mondays 6:30 PM. No soccer week of March 31

Grp C: Wednesdays 5:30 PM. No soccer week of March 31

Grp D: Wednesdays 6:30 PM. No soccer week of March 31



KIDS' TENNIS CLUB

Kids ages 5-12 are invited to come give tennis a try this spring at our Kids' Tennis club! There's no commitment, just lots of games, prizes & fun! Bring a racquet if you have one, extras provided if needed. Includes general instruction, fun games & activities. Meets Sundays at WC Park Tennis Courts on **April 13, April 27, May 4, 18** (no tennis on April 20 & May 11; will meet indoors at Falling Springs in case of bad weather). Attend all dates or just the ones that work best with your schedule! Ages 5-8 (2 PM), ages 9-12 (3 PM). Contact Aaron with questions at astover@fallingspringscenter.com.

PRICE: \$7/week per child or \$20/all 4 days.



CHURCH VOLLEYBALL LEAGUE

Area churches are invited to enter teams made up of church members to play in this recreational league. League plays on Tuesdays at Falling Springs. Players must be at least 16 years old. 8 games guaranteed. \$. Play begins March 18. Captain's meeting: March 13 at 6 PM.

PRICE: \$200/team DEADLINE: MARCH 12

WINTER ADULT MIX VOLLEYBALL

Come play volleyball in a relaxed, fun, social environment! Parks & Rec offers co-ed volleyball on Sundays at Falling Springs from 7-9 PM! This is a flexible league where teams are formed weekly based on who shows up. Runs Jan 12-Mar 23 (will not meet Feb 9).

PRICE: \$60 for all 10 weeks or \$10 for drop in

DEADLINE: JAN 9

YOUTH VOLLEYBALL LEAGUE

TWO DIVISIONS:

- Beginner= 3rd- 9th graders (will meet Mon or Sat)
- Advanced= 5th- 9th graders (will meet Mon or Sat)
 - Skills Assessments will be offered (DATES TBD)

Additional days may be added pending number of players. Questions or want to volunteer? Contact Aaron!

PRICE: \$85/player DEADLINE: March 14

SPRING BREAK VOLLEYBALL CLINIC

This clinic will provide players with opportunities to improve their basic volleyball skills, including serving, hitting, passing, setting, digging & more! Beginner and intermediate level players are welcome. Instruction by Emily Galbraith, former NCAA Division I volleyball player. Camp is split into two groups: 3rd-5th grade and 6th-8th. Clinic meets from 10 AM -12 PM at Falling Springs.

DATES:

- 3rd-5th grade will meet March 31 and April 1
- 6th-8th grade will meet April 2 and April 3

PRICE: \$60/player DEADLINE: MARCH 28

SPRING NFL FLAG FOOTBALL

This exciting league introduces boys & girls to the game of football in a non-contact format with a focus on fundamentals, teamwork & sportsmanship. Practices begin week of April 8. Contact Larry with questions.

PRICE: \$75/player

DEADLINE: APRIL 3

Divisions:

- Rookie= K-2
- Veterans= 3-5

START SMART GOLF

This introductory program for 5-7 year-olds provides a developmentally appropriate introduction to golf using fun equipment. Parent participation required. No equipment necessary. Space is limited to 8 parent/child groups per session.

PRICE: \$75/player. DEADLINE: APRIL 11

G1: Thu 5:30 PM Apr 17, Apr 24, May 1, May 8, May 15, May 22

G2: Thu 6:30 PM Apr 17, Apr 24, May 1, May 8, May 15, May 22



@FALLINGSRINGSVWCP

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REGISTER ONLINE @

fallingspringscenter.perfectmind.com

GENERAL PROGRAMS

TWINKLE TOES DANCE

Introduce your child to Ballet, Jazz or Hip Hop dance in a fun environment! Classes meet once a week for 8 wks & culminate with a rehearsal (Apr 7) & recital (Apr 8) at the Falling Springs Center. Contact Aaron with questions.



Class	Age	Day	Begins	Time	Cost	Instructor	Deadline
Creative Dance G1	3-4	Wed	Feb 12	4:15-5:00	\$75	B. Walker	Feb 10
Ballet 1	5-6	Wed	Feb 12	5:00-5:45	\$75	B. Walker	Feb 10
Ballet 2	5-6	Wed	Feb 12	5:45-6:30	\$75	B. Walker	Feb 10
Jazz/Hip Hop Mash-up 1	7-9	Wed	Feb 12	6:30-7:30	\$85	B. Walker	Feb 10

Class	Age	Day	Begins	Time	Cost	Instructor	Deadline
Creative Dance 2	3-4	Fri	Feb 14	4:15-5:00	\$75	B. Walker	Feb 10
Creative Dance 3	3-4	Fri	Feb 14	5:00-5:45	\$75	B. Walker	Feb 10
Ballet 3	5-6	Fri	Feb 14	5:45-6:30	\$75	B. Walker	Feb 10
Jazz/Hip Hop Mash-up 2	7-9	Fri	Feb 14	6:30-7:30	\$85	B. Walker	Feb 10

TAEKWONDO FOR KIDS

Taekwondo builds self-esteem, mental discipline, a strong body & more! Classes meet for 6 weeks and are offered on Tuesdays & Saturdays. A uniform is required for new students (\$50/payable to the instructor). Register soon; space is limited!



CLASS	DAY	TIME	COST
White Belt	Tue	5:15-6:00 PM	\$65
Yellow Belt	Tue	6:00-6:45 PM	\$65
Orange & White Belt	Tue	6:45-7:30 PM	\$65
White Belt	Sat	10:00-10:45 AM	\$65
Yellow Belt	Sat	10:45-11:30 AM	\$65
Orange & White Belt	Sat	11:30AM-12:15PM	\$65

Session 3: Jan 14 - Feb 22 **DEADLINE: JANUARY 9**

Session 4: Feb 25 - Apr 12 (No class 4/1 or 4/5) **DEADLINE: FEBRUARY 23**

Session 5: April 15 - May 24 **DEADLINE: APRIL 13**

DAY CAMPS

SPRING BREAK CAMP

Falling Springs is the place to be for Spring Break! Campers will have a blast swimming, participating in organized games, arts & crafts projects and more! Campers are asked to wear tennis shoes and bring a lunch, swimsuit and a towel to camp every day. Questions? Contact Larry.

Dates: March 31– April 4.

PRICE: \$180/child for the week or \$40/day (10% off each additional child).

DEADLINE: MARCH 27



*SUMMER PROGRAMMING

INFORMATION WILL BE OUT IN MARCH!*

NOW HIRING!

MID-DAY LIFEGUARDS

- ➔ Equal Opportunity Employer
- ➔ Background check required
- ➔ Drug test required

APPLICATIONS AVAILABLE AT:

FALLING SPRINGS CENTER & WWW.FALLINGSPRINGSCENTER.COM

AQUATICS PROGRAMS

SWIM LESSONS

Learn to swim at Falling Springs! Our Swim and Safety Instructors conduct level specific lessons designed to advance swimmers from water comfort to technical stroke proficiency. Classes offered for 6 weeks and only meet one day a week! Six levels are being offered ranging from Level 1 thru Level 6 (class descriptions, along with class schedules & times) are available online at www.fallingspringscenter.com/aquatics/swim-academy.



TERM 1

Meets once a week Thursdays only!

- **LEVEL 1:**
 - 5:35-6:05pm
- **LEVEL 2:**
 - 5:00-5:30pm
- **LEVEL 3:**
 - 4:15-4:55pm
 - 6:10-6:50pm
- **LEVEL 4:**
 - 4:15-4:55pm
- **LEVEL 5:**
 - 5:00-5:40pm
- **LEVEL 6:**
 - 5:45-6:35pm

TERM 1 & 2 PRICING:

- 30 min class= \$106.00
- 40 min class= \$121.90
- 50 min class= \$132.50

Tax included in listed price

TERM 2

Meets once a week on Tuesday, Thursday or Saturday!

- **TUESDAY CLASSES:**
 - LEVEL 1= 4:15-4:45pm
 - LEVEL 2= 4:50-5:20pm
 - LEVEL 3=
 - 5:25-5:55pm
 - 6:00-6:40pm
 - LEVEL 4= 4:15-4:55pm
 - LEVEL 5= 5:00-5:40pm
- **THURSDAY CLASSES:**
 - LEVEL 1= 5:00-5:30pm
 - LEVEL 2= 5:35-6:05pm
 - LEVEL 3=
 - 4:15-4:55pm
 - 6:10-6:50pm
 - LEVEL 4= 5:55pm-6:35pm
 - LEVEL 5= 5:10-5:50pm
 - LEVEL 6= 4:15-5:05pm
- **SATURDAY CLASSES:**
 - LEVEL 2= 11:00-11:30am
 - LEVEL 3=
 - 11:35-12:05pm
 - 12:10-12:50pm
 - LEVEL 4= 11:00-11:40am
 - LEVEL 5= 11:45-12:25pm
 - LEVEL 6= 12:30-1:20pm

FITNESS & EVENTS

ATLAS SERIES

LIFTING COMPETITION

- **DATE=** FEB 16
- **PRICE=** \$55 (plus tax)
- **TIME=** 5-8pm

Speed, Agility and Endurance Competition

- **DATE=** APRIL 27
- **PRICE=** \$55 (plus tax)
- **TIME=** 5-8pm

Speed, Agility, and Endurance

- **DATES=** Feb 20- Mar 27
 - Meets on Thu
- **PRICE=** \$45 (plus tax)
- **TIME=** 7-8pm (beginners)/ 8-9pm (advanced)

Heart & Sole Triathlon

Join us for the 21st Annual Heart & Sole Triathlon on Saturday, May 10!

This is a USAT sanctioned event for ages 15 & up! Course includes a 400-yd swim in the Falling Springs Pool, 15-mile bike ride through Bluegrass horse farms & historic Versailles & finishes with a 5K run on one of the best cross-country courses in the state!

Volunteers are needed! If you can help, please contact Tefany at 859-214-4814 or at tbleuel@fallingspringscenter.com.

REGISTRATION FEES:

- By March 29: \$75**
- March 30- April 30: \$85**
- May 1- May 11: \$95**

**REGISTER @
RUNSIGNUP.COM**

BE
BRAVE

For more information on programs, passes or rentals:

Website: www.fallingspringscenter.com
Phone: 859.873.5948
In Person: Falling Springs Center

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