Versailles-Woodford County Parks & Recreation

WINTER & SPRING PROGRAMS 2026

Unleash your inner athlete - regardless of age!

Little Futsal ⚽

This is an opportunity for kids in U10 and up to get some touches on the ball and brush up on skills before the Spring Season! Will meet for 5 weeks beginning January 17 teams will be formed nightly based on total number of participants each night (no futsol on Feb 14). Volunteers are needed to help manage each court! Questions? Contact Aaron.
PRICE: $25/player. **DEADLINE: JANUARY 15**

FALLINGS SPRINGS KIDS RUN CLUB

This 8-week program addresses issues like confidence and self-esteem, respecting authority, dealing with peer pressure and fueling their bodies through proper nutrition. Above all, kids have a blast seeing what they are capable of achieving, including a 5K run upon completion of the program! Meets at Falling Springs for 8 weeks on Tue & Thu from 4-5 PM beginning Feb 17 & concludes with a 5k race on Apr 19. Max of 40 participants.
PRICE: $100/student (includes a shirt, journal & race entry.)
DEADLINE: FEBRUARY 6

PICKLEBALL LADDER LEAGUE

🪜Ladder Format: You'll get new matchups each week - a mix of competition and new friends. Sign up solo or with your crew (but play as an individual).
🏓 How it Works:

- Each week (5 weeks), you'll be placed in a group of 4, and play 3 games (to 11 points), rotating partners in the group.
- Track your points (total sum) each game. After you play, you'll submit your total points won, out of 33 total points. Example:
  - Game 1 (Win): 11 points
  - Game 2 (Win): 11 points
  - Game 3 (Loss): 8 points
  - Total Score to Submit = 30 points
- Rankings update weekly.
- Two divisions:
  - Advanced= Tuesday nights beginning April 21 beginning @6pm
  - Beginners= Thursday nights beginning April 23 beginning @ 6pm

CONTACT AARON WITH QUESTIONS at astover@fallingspringscenter.com
PRICE: $10/player **DEADLINE: APRIL 14**

START SMART SOCCER

This introductory program for 3 & 4 year olds helps develop the motor & coordination skills necessary for children to be successful in youth sports. Parent participation is required. Parents new to the Start Smart programs must attend a parent meeting on Tuesday, March 10 at 6:00 PM. Space is limited to 8 parent/child groups per group. Program begins March 16.
PRICE: $75/player. **DEADLINE: MARCH 9**

Grp 1: Mondays 5:30 PM. *No soccer week of April 6*
Grp 2: Mondays 6:30 PM. *No soccer week of April 6*
Grp 3: Wednesdays 5:30 PM. *No soccer week of April 6*
Grp 4: Wednesdays 6:30 PM. *No soccer week of April 6*

KIDS' TENNIS CLUB

Kids ages 5-12 are invited to come give tennis a try this spring at our Kids' Tennis club! There's no commitment, just lots of games, prizes & fun! Bring a racquet if you have one, extras provided if needed. Includes general instruction, fun games & activities. Meets Sundays at WC Park Tennis Courts on **April 12, April 19, April 26, May 3***; will meet indoors at Falling Springs in case of bad weather).* Attend all dates or just the ones that work best with your schedule! Ages 5-8 (2 PM), ages 9-12 (3 PM). Contact Aaron with questions at astover@fallingspringscenter.com.

PRICE: $7/week per child or $20/all 4 days.

CHURCH VOLLEYBALL LEAGUE

Area churches are invited to enter teams made up of church members to play in this recreational league. League plays on Tuesdays at Falling Springs. Players must be at least 16 years old. 8 games guaranteed. $. Play begins March 17. Captain's meeting: March 12 at 6 PM.
PRICE: $200/team **DEADLINE: MARCH 11**

WINTER ADULT MIX VOLLEYBALL

Come play volleyball in a relaxed, fun, social environment! Parks & Rec offers co-ed volleyball on Sundays at Falling Springs from 7-9 PM! This is a flexible league where teams are formed weekly based on who shows up. Runs Jan 11-Mar 22 (will not meet Feb 8).
PRICE: $60 for all 10 weeks or $10 for drop in
DEADLINE: JAN 8

YOUTH VOLLEYBALL LEAGUE

TWO DIVISIONS:

- Beginner= 3rd- 9th graders (will meet Mon or Sat)
- Advanced= 5th- 9th graders (will meet Mon or Sat)
  - Skills Assessments will be offered (DATES TBD)

Additional days may be added pending number of players.
Questions or want to volunteer? Contact Aaron!
PRICE: $85/player **DEADLINE: APRIL 2**

SPRING BREAK VOLLEYBALL CLINIC

This clinic will provide players with opportunities to improve their basic volleyball skills, including serving, hitting, passing, setting, digging & more! Beginner and intermediate level players are welcome. Instruction by Emily Galbraith, former NCAA Division I volleyball player. Camp is split into two groups: 3rd-5th grade and 6th-8th. Clinic meets from 10 AM -12 PM at Falling Springs.
DATES:

- 3rd-5th grade will meet April 6 and April 7
- 6th-8th grade will meet April 8 and April 9

PRICE: $60/player **DEADLINE: APRIL 2**

SPRING NFL FLAG FOOTBALL

This exciting league introduces boys & girls to the game of football in a non-contact format with a focus on fundamentals, teamwork & sportsmanship. Games projected to be on Saturday mornings. Practices begin week of April 13. Contact Larry with questions.
PRICE: $60/player **DEADLINE: APRIL 2**

Divisions:

- Rookie= K-2

START SMART GOLF

This introductory program for 5-7 year-olds provides a developmentally appropriate introduction to golf using fun equipment. Parent participation required. No equipment necessary. Space is limited to 8 parent/child groups per session.
PRICE:$75/player. **DEADLINE: APRIL 9**

G1: Thu 5:30 PM Apr 16, Apr 23, Apr 30, May 7, May 14, May 21
G2: Thu 6:30 PM Apr 16 , Apr 23, Apr 30, May 7, May 14, May 21

@FALLINGSPRINGSVWCP @FALLINGSPRINGSVWCP

REGISTER ONLINE @
fallingspringscenter.perfectmind.com

GENERAL PROGRAMS

TWINKLE TOES DANCE

Introduce your child to Ballet, Jazz or Hip Hop dance in a fun environment! Classes meet once a week for 8 wks & culminate with a rehearsal (Apr 13) & recital (Apr 14) at the Falling Springs Center. Contact Aaron with questions.

Class	Age	Day	Begins	Time	Cost	Instructor	Deadline
Creative Dance G1	3-4	Wed	Feb 10	4:15-5:00	$75	B. Walker	**Feb 9**
Ballet 1	5-6	Wed	Feb 10	5:00-5:45	$75	B. Walker	**Feb 9**
Tap Dance	5-6	Wed	Feb 10	5:45-6:30	$75	B. Walker	**Feb 9**
Jazz/Hip Hop Mash-up 1	7-9	Wed	Feb 10	6:30-7:30	$85	B. Walker	**Feb 9**

Class	Age	Day	Begins	Time	Cost	Instructor	Deadline
Creative Dance 2	3-4	Thu	Feb 10	4:15-5:00	$75	B. Walker	**Feb 9**
Ballet 2	5-6	Thu	Feb 10	5:00-5:45	$75	B. Walker	**Feb 9**
Tap Dance	5-6	Thu	Feb 10	5:45-6:30	$75	B. Walker	**Feb 9**
Jazz/Hip Hop Mash-up 2	7-9	Thu	Feb 10	6:30-7:30	$85	B. Walker	**Feb 9**

TAEKWONDO FOR KIDS

Taekwondo builds self-esteem, mental discipline, a strong body & more! Classes meet for 6 weeks* and are offered on Tuesdays & Saturdays. A uniform is required for new students ($50/payable to the instructor). Register soon; space is limited!

CLASS	DAY	TIME	COST
White Belt	Tue	5:15-6:00 PM	$65*session 5= 5wks
Yellow Belt	Tue	6:00-6:45 PM	$65 *session 5= 5wks
Orange & White Belt	Tue	6:45-7:30 PM	$65 *session 5= 5wks
White Belt	Sat	10:00-10:45 AM	$65 *session 5= 5wks
Yellow Belt	Sat	10:45-11:30 AM	$65 *session 5= 5wks
Orange & White Belt	Sat	11:30AM-12:15PM	$65 *session 5= 5wks

Session 3: Jan 13 - Feb 21 **DEADLINE: JANUARY 9**
Session 4: Feb 24 - Apr 4 **DEADLINE: FEBUARY 23**
Session 5: Apr 14 - May 23 (No class 5/16) **DEADLINE: APRIL 13**

DAY CAMPS

SPRING BREAK CAMP

Falling Springs is the place to be for Spring Break! Campers will participate in organized games, arts & crafts projects and more! Campers are asked to wear tennis shoes and bring a lunch to camp every day. Questions? Contact Larry.
Dates: April 6– April 10.
PRICE: $180/child for the week or $40/day (10% off each additional child).
DEADLINE: APRIL 2

ANNOUNCEMENTS

- **INDOOR POOL WILL BE CLOSED FROM MARCH 20- MAY 11 FOR MAINTENANCE**
- **SUMMER PROGRAMMING INFORMATION WILL BE OUT IN MARCH!**

AQUATICS PROGRAMS

SWIM LESSONS

Learn to swim at Falling Springs! Our Swim and Safety. Instructors conduct level specific lessons designed to advance swimmers from water comfort to technical stroke proficiency. Classes offered for 6 weeks and only meet one day a week! Six levels are being offered ranging from Level 1 thru Level 6 (class descriptions, along with class schedules & times) are available online at www.fallingspringscenter.com/aquatics/swim-academy.

TERM 1

Meets once a week for 6 weeks.

LEVEL 1 Class Options:
5:35-6:05pm on Tuesdays
4:50-5:20pm on Thursdays

LEVEL 2 Class Options:
5:00-5:30pm on Tuesdays
4:15-4:45pm on Thursdays

LEVEL 3 Class Options:
4:15-4:55pm on Tuesdays
6:10-6:50pm on Tuesdays
5:25-6:05pm on Thursdays
6:10-6:50pm on Thursdays

LEVEL 4 Class Options:
5:00-5:40pm on Tuesdays
4:15-4:55pm on Thursdays

LEVEL 5 Class Options:
4:15-4:55pm on Tuesdays
5:00-5:40pm on Thursdays

LEVEL 6 Class Options:
5:45-6:35pm on Tuesdays
5:45-6:35pm on Thursdays

CLASS PRICING

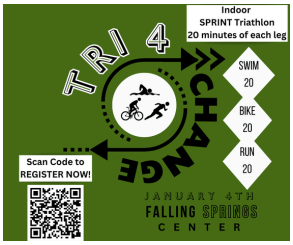
- 30 min class= $106.00
- 40 min class= $121.90
- 50 min class= $132.50

Tax included in listed price

FITNESS & EVENTS

TRI 4 CHANGE

SIGN UP FOR THIS SPRINT TRIATHLON TAKING PLACE ON JANUARY 4th



This one day indoor sprint tri will place on Jan 4th and will consist of:
20 min swim
20 min bike
20 min Run
DEADLINE: DECEMBER 30
PRICE: $30/ participant

Heart & Sole Triathlon

Join us for the 22nd Annual Heart & Sole Triathlon on Saturday, June 13!

BE BRAVE

This is a USAT sanctioned event for ages 15 & up! Course includes a 400-yd swim in the Falling Springs Pool, 15-mile bike ride through Bluegrass horse farms & historic Versailles & finishes with a 5K run on one of the best cross-country courses in the state! Volunteers are needed! If you can help, please contact Tefany at 859-214-4814 or at tbleuel@fallingspringscenter.com.

REGISTRATION FEES:
By May 1: $75
May 2- June 2: $85
June 3- June 13: $95

REGISTER @ RUNSIGNUP.COM

For more information on programs, passes or rentals:

Website: www.fallingspringscenter.com
Phone: 859.873.5948
In Person: Falling Springs Center

VERSAILLES WOODFORD PARKS & RECREATION
FALLING SPRINGS CENTER