

PRACTICE SCHEDULE

MAY 18 - END OF SEASON	
Monday / Wednesday / Friday*	
All Ages: Lanes 1-4	9:15a-10:15a
All Ages: Lanes 1-4	10:15a-11:15a
Tuesday / Thursday	
All Ages: Lanes 1-4	5:15p-6:15p
All Ages: Lanes 1-4	6:15p-7:15p
Attend as many practices as you can each week!	
*AM practices start after school ends	

2026 Meet Schedule TBA

**Conference Championship
TBA**



REGISTRATION

REGISTRATION DEADLINE: MAY 12

Option 1: Register your child(ren) at fallingspringscenter.com/hammerheads

Option 2: Complete the Activity Registration Form, which can be found by the Falling Springs office or online at fallingspringscenter.com/forms. Completed forms can be dropped at the office or emailed to awaits@fallingspringscenter.com.

Registrations are NOT processed without payment.

Registration fees are as follows:

- **First child: \$130**
- **Each additional child: \$110**

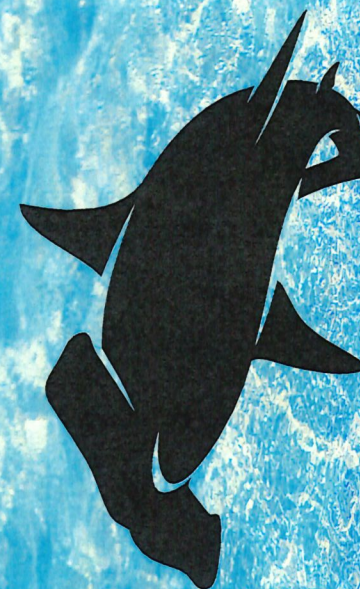
**If you cannot volunteer for a swim meet, there is a \$60 opt-out fee.*



VERSAILLES WOODFORD
PARKS & RECREATION

275 Beasley Drive
Versailles, KY 40383
fallingspringscenter.com/hammerheads

FISH TALK
2026



HAMMERHEADS
SWIM TEAM

FALLING SPRINGS
VERSAILLES KY

2026 HAMMERHEADS SUMMER SWIM TEAM

ABOUT THE TEAM

The summer swim team focuses on improving swim times, stroke improvement, team spirit, and good sportsmanship! All swim levels are invited to participate! We will compete in five meets throughout the summer. Ages 5-18 are eligible to compete. Age division is determined by swimmer's age on June 1, 2026.

COACHES

Head Coach: Marvin Watson

Admin: Ashley Goodrich

agoodrich@fallingspringscenter.com

REQUIREMENTS

Swimmers:

- Swim one length of the pool (25 yards)

Parents:

- Register your child(ren) at fallingspringscenter.com/hammerheads
- Volunteer for at least one swim meet (required) - sign up at bit.ly/hheads-volunteer
- Attend the new parent meeting on **Tues, May 12 at 6:00p** once your child(ren) is registered.

Equipment:

- Hammerheads t-shirt and swim cap are included with registration
- Royal blue swimsuits or jammers can be purchased at Swimville USA, Amazon, or any athletic store. New suits aren't required, but they help us identify our team at meets.
- Googles
- Extra cap: \$8/ea

Communication

- Join our Remind group for all team notices and updates. Text [@fshheads26](https://www.remind.com/join/@fshheads26) to 81010 to sign up.



DISCIPLINARY CODE

1. Each swimmer must stop at the front desk & sign in before each practice. If you wish to use the facility any other time, you must pay daily admission or swipe in if you are member.
2. Team members will display proper respect towards coaches, officials, fellow competitors, facility managers/staff, etc. at all times.
3. Unsportsmanlike conduct towards anyone at practices, meets or other team functions will not be tolerated.
4. Pool rules are to be adhered to at all times.
5. Possession or use of alcohol, tobacco or a non prescribed drug is prohibited.
6. Please be punctual to practices and meets.
7. Falling Springs does NOT provide transportation to and from swim meets.
8. If you are unable to attend a meet you MUST "sign out" prior to the day of the meet. (Preferably the week before.) If you do not "sign out" you may not be eligible for the next meet.
9. No swimmer is allowed to compete in any other summer swim meets outside of Bluegrass Conference meets

